

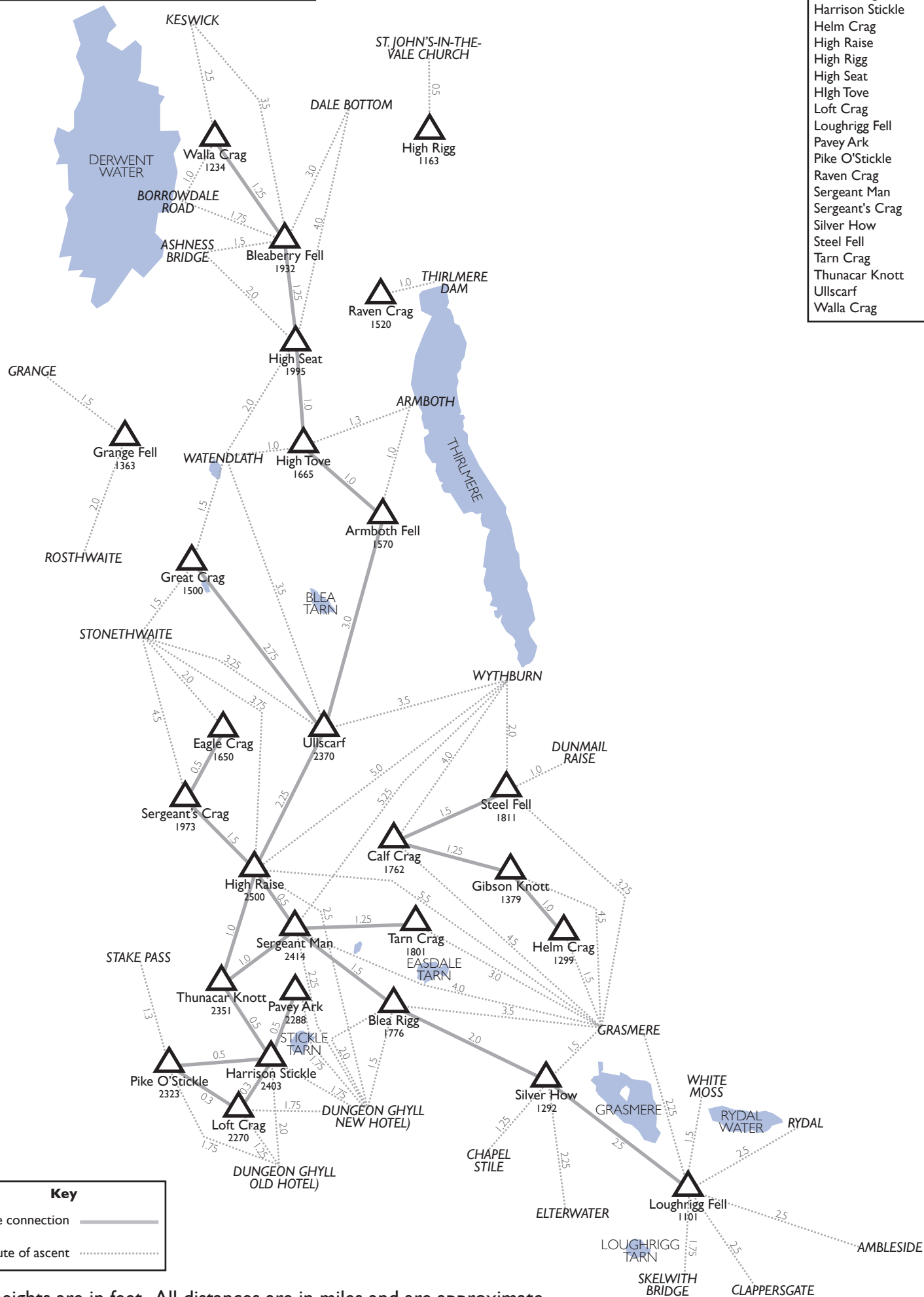
LAKE DISTRICT RIDGE MAP

Covering the summits in A. Wainwright's
third pictorial guide (*The Central Fells*)

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Armbroth Fell	1,570
Bleaberry Fell	1,932
Blea Rigg	1,776
Calf Crag	1,762
Eagle Crag	1,650
Gibson Knott	1,379
Grange Fell	1,363
Great Crag	1,500
Harrison Stickle	2,403
Helm Crag	1,299
High Raise	2,500
High Rigg	1,163
High Seat	1,995
High Tove	1,665
Loft Crag	2,270
Loughrigg Fell	1,101
Pavey Ark	2,288
Pike O'Stickle	2,323
Raven Crag	1,520
Sergeant Man	2,414
Sergeant's Crag	1,873
Silver How	1,292
Steel Fell	1,811
Tarn Crag	1,801
Thunacar Knott	2,351
Ullscarf	2,370
Walla Crag	1,234



All heights are in feet. All distances are in miles and are approximate.