

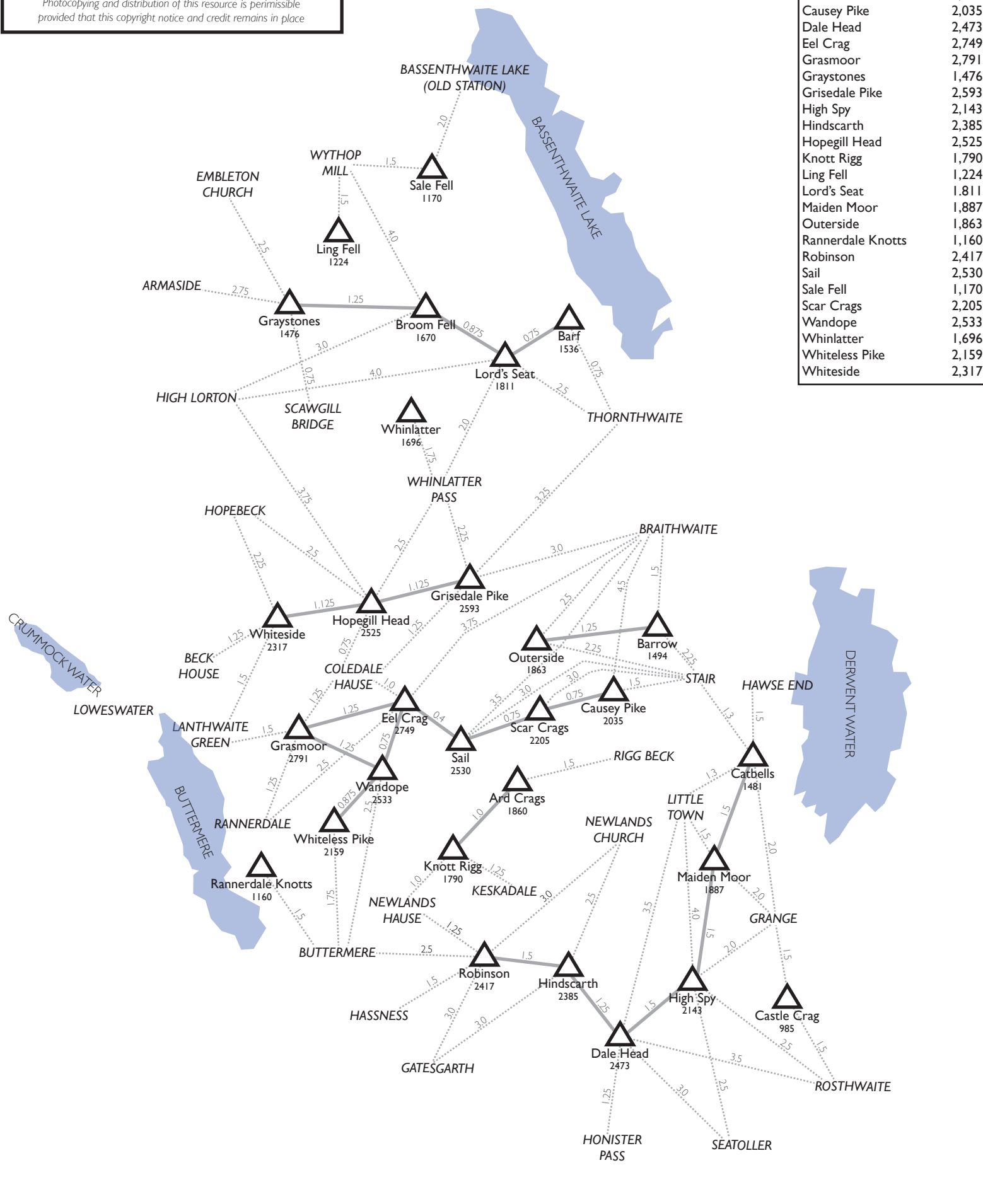
LAKE DISTRICT RIDGE MAP

Covering the summits in A. Wainwright's sixth pictorial guide (*The North Western Fells*)

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Ard Crag	1,860
Barf	1,536
Barrow	1,494
Broom Fell	1,670
Castle Crag	985
Catbells	1,481
Causey Pike	2,035
Dale Head	2,473
Eel Crag	2,749
Grasmoor	2,791
Graystones	1,476
Grisedale Pike	2,593
High Spy	2,143
Hindscarth	2,385
Hopegill Head	2,525
Knott Rigg	1,790
Ling Fell	1,224
Lord's Seat	1,811
Maiden Moor	1,887
Outerside	1,863
Rannerdale Knotts	1,160
Robinson	2,417
Sail	2,530
Sale Fell	1,170
Scar Crag	2,205
Wandope	2,533
Whinlatter	1,696
Whiteless Pike	2,159
Whiteside	2,317



Key

Ridge connection ———

Route of ascent ·····

All heights are in feet. All distances are in miles and are approximate.